**Research Letters  
(Word Limit: Generally no more than 750 words)**

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**Document Format**: Submissions must be Word documents; number all pages and use Times New Roman font. Do not submit PDFs or use line numbers. Visit HPHR’s online [Submission Preparation Guidelines](http://hphr.org/hphr-submission-preparation) (HPHR.org/hphr-submission-preparation/) for additional details on formatting (font, point sizes, page numbering); language, tables, images and other media, figures, tables, photographs, and style.

**Checklist**: Use this template to format your submission, ensuring that it includes all elements:

* **Cover Letter**
* **Edition Selection(s)**
* **Title**
* **Author List and Affiliations (**Author Name, Institutional Affiliation, [ORCID ID](https://info.orcid.org/what-is-my-id/) (if applicable)
* **Corresponding Author Contact Details**
* **Keywords**
* **Abstract** (Preferred: Introduction, Methods, Results, Discussion, Conclusion)
* **Introduction**
* **Methods**
* **Results**
* **Discussion**
* **Conclusion**
* **References**
* **Acknowledgements**
* **Disclosure Statement**
* **Figures and Tables**
* **Other Photographs, Images, Video, Media, etc.**
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Your submission should include a cover letter that details:

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**Research Letter**

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ORCID ID: (if applicable)

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* Compston A, Coles A. Multiple sclerosis. The Lancet. 2008;372(9648):1502-1517.
* Silverstein A, Silverstein VB, Nunn LS. *Cancer*. Minneapolis, MN: Twenty-First Century Books; 2006.
* Drake AJ, Smith A, Betts PR, et al. Type 2 diabetes in obese white children. *Arch Dis Child*. 2002;86(3), 207-208. https://pubmed.ncbi.nlm.nih.gov/11861246. Accessed April 5, 2015.

**Acknowledgements**: Paste your acknowledgements here (including any funding that the work may have been financially supported by), if applicable.

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